



Frankfurt  
Book Fair  
2022

**FOREIGN  
RIGHTS GUIDE**

**LIFESTYLE  
WELL-BEING**



## SHARED STORIES – RIGHTS AGENCY AMSTERDAM

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#### HOUTEKIET

**Genres** – literary fiction, crime fiction, thriller, historical fiction, women's fiction, sports, esoteric, crafts, upmarket literary non-fiction, history, economy, philosophy, science, medicine

**Authors** – Cynthia Ozick, Walter Moers, Jostein Gaarder, Magda Szabó, Jo Claes, Bavo Dhooge, Bob Van Laerhoven

#### ANKHERMES

**Genres** – esoteric, spirituality, mind, body & spirit, health, personal growth

**Authors** – Eckhart Tolle, Lynne McTaggart, Ervin Laszlo, Louise Hay

#### LUITINGH-SIJTHOFF

**Genres** – thriller, crime fiction, historical fiction, fantasy, chick-lit, novel, narrative non-fiction, children's books, picture books, YA fiction

**Authors** – Dan Brown, Stephen King, George R.R. Martin, Graeme Simsion, Jill Mansell, Giulia Enders, Terry Goodkind, Jessie Burton, Lee Child, Danielle Steel, Tony Crabbe, Benji Davies

#### KOSMOS

**Genres** – food & drink, art & crafts, family & health, parenting, personal growth & spirituality, self-help, icons, travel & leisure, natural history & gardening

**Authors** – Jamie Oliver, John Wiseman, National Geographic, Peter Hayman, Deepak Chopra, Arne & Carlos, Alex Ferguson, Baptist de Pape, Ella Woodward

#### DE FONTEIN

##### NOVELS & THRILLERS

**Genres** – crime fiction, thriller, true crime, historical fiction

**Authors** – R.J. Ellory, Sophie Hannah, Peter James, Joanne Harris, Karen Rose, Jojo Moyes

##### YOUTH

**Genres** – children's books, picture books, YA fiction

**Authors** – Quentin Blake, Roald Dahl, Jonny Duddle, Mark Haddon, Jeff Kinney, Rachel Renée Russell

#### KOKBOEKENCENTRUM

**Genres** – religion & church, Christian fiction, faith-based non-fiction, historical non-fiction, family sagas & regional novels, children's books, YA

**Authors** – Nick Vujicic, Malala, Charlie Mackesy, Andrew Roberts, Brigitte Hamann, C.S. Lewis, Paul Dowswell, Elizabeth Musser, Laura Hillenbrand

#### ALFABET

**Genres** – narrative non-fiction, history  
**Authors** – Eva Taylor-Tazelaar, Erik Petersson, Wim Daniëls, Annelien de Dijn, Michal Citroen, Mathijs Deen, Matthieu Aikins

#### VEEN MEDIA

**Genres** – magazines on science, philosophy, history and food & drink

**Brands** – New Scientist, Filosofie Magazine, Historisch Nieuwsblad

#### TEN HAVE

**Genres** – philosophy, humanities, psychology, personal growth, conscious living, spirituality

**Authors** – Michael J. Sandel, Michael Puett, Mihaly Csikszentmihalyi, Thich Nhat Hanh, Pema Chödrön, Eline Snel

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*Fulltime Adventurer*

By Tamar Valkenier

RIGHTS SOLD TO EDEL BOOKS  
(GERMANY)



*The Couples Battle Book*

By Martijn Derikx

RIGHTS SOLD TO DROEMER KNAUR  
(GERMANY)



*Every Day a Feast*

By Maartje Borst

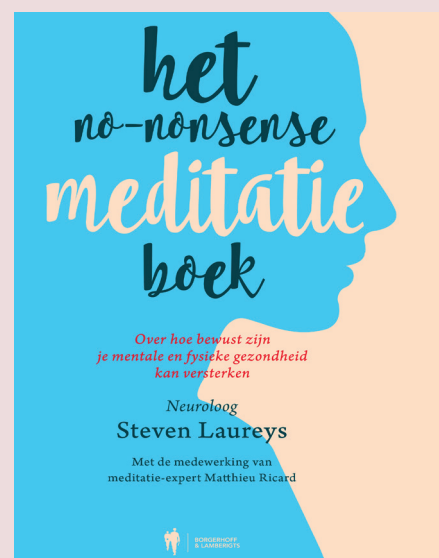
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(GERMANY)



*The No-Nonsense Meditation Book*

by Dr Steven Laureys

RIGHTS SOLD TO LIBROS RBA (SPANISH)  
AND ARA LLIBRES (CATALAN) (THROUGH  
ASTERISC AGENTS)



*Dog.Eat.Plant.*

By Lisette Kreisler

RIGHTS SOLD TO ÉDITIONS LA PLAGÉ  
(FRANCE)

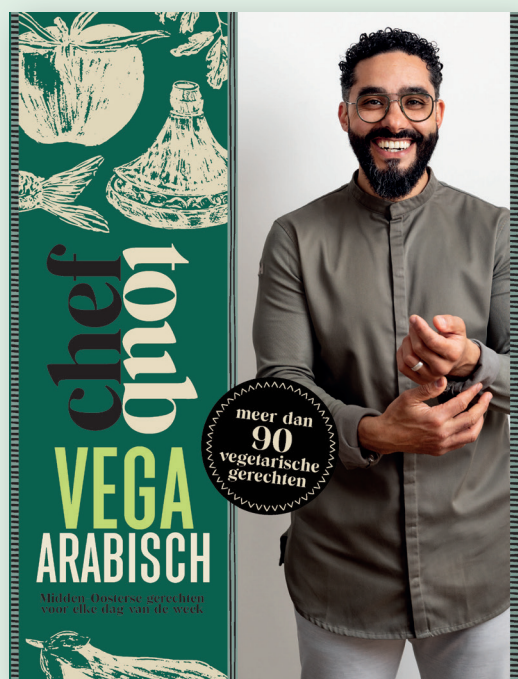


*Good Night & Good Flow*

By Roos Neeter & Julia Blohberger

RIGHTS SOLD IN A TWO-BOOK DEAL TO  
QUIRK BOOKS (USA, WORLD RIGHTS)





RIGHTS TO PREVIOUS TITLE SOLD TO KNESEBECK  
VERLAG (GERMANY), SCOLAR (HUNGARY)

ENGLISH SAMPLE TRANSLATION  
KOSMOS, 176 PAGES, SEPTEMBER 2022  
CONTACT: JULIA FOLDENYI,  
JULIA@SHAREDSTORIES.NL

MOUNIR TOUB

## *Meatless Middle Eastern*

*Arabic Dishes for Every Day of the Week*

In *Meatless Middle Eastern*, Mounir Touba shows that Arabic cuisine is a treasure trove of plant-based delights. Vegetables play a starring role in the over 90 (mostly) easy-to-prepare recipes full of colour, flavour, and a hint of the exotic. Touba creates delicious recipes with fruits and vegetables ranging from courgette and aubergine to pomegranate and pumpkin. The dishes include sweet potato waffles with labneh, olive cake, baklava buns and falafel macarons. Topped off with the classic seasonings of Middle Eastern cuisine, the results are truly delicious. Ideal for vegetarians, flexitarians and anyone who simply wants to eat good Arabic food (that just happens to be free of meat or fish).

**‘This book is a must-have for anyone who has a passion for food. Mounir possesses a wealth of knowledge and presents it in the most creative ways. Wow!’ – Chef Jermain de Rozario**

MOUNIR TOUB is a well-known chef with frequent appearances on Dutch TV programmes. He has worked with a number of Michelin-starred chefs, but his greatest passion is inspiring young cooking talent.



JANINE JANSEN

## *Lunch to Go*

*Healthy Meals for On the Go*

60 recipes to help you make better choices

More and more people are ditching their typical sandwiches in favour of healthy lunches. This is harder to do when you are no longer working from home though.

*Lunch to Go* contains 60 surprising dishes to take to school or the office, and for on the go. Based on grains, vegetables and pulses, most of the recipes are vegetarian, making them better for people and the environment. The book includes handy tips, such as clever ideas for using up leftovers, the best way to pack your lunch, and essential items for your pantry. You will also find a handy meal planner and suggestions for your children's lunch box. With all this inspiration, it becomes a whole lot easier to enjoy a healthy and sustainable lunch on the go!

**Press on previous book**  
**'The right message at the right moment.'**  
 –Joke Boon, cookbook writer

JANINE JANSEN is a graphic designer and photographer and has published several successful cookbooks together with her sister Annemiek. Janine has lived in Italy, where she developed a passion for Italian cuisine. In her cookbooks, she focuses on low-salt dishes from Southern Europe, Africa and the Middle East.



ENGLISH SAMPLE TRANSLATION  
 LUITINGH-SIJTHOFF, 160 PAGES, AUGUST 2022  
 CONTACT: JULIA FOLDENYI,  
 JULIA@SHAREDSTORIES.NL







CHARLOTTE LABEE

## *Brain Under Strain*

*10 Weeks For Mental Peace And Balance*

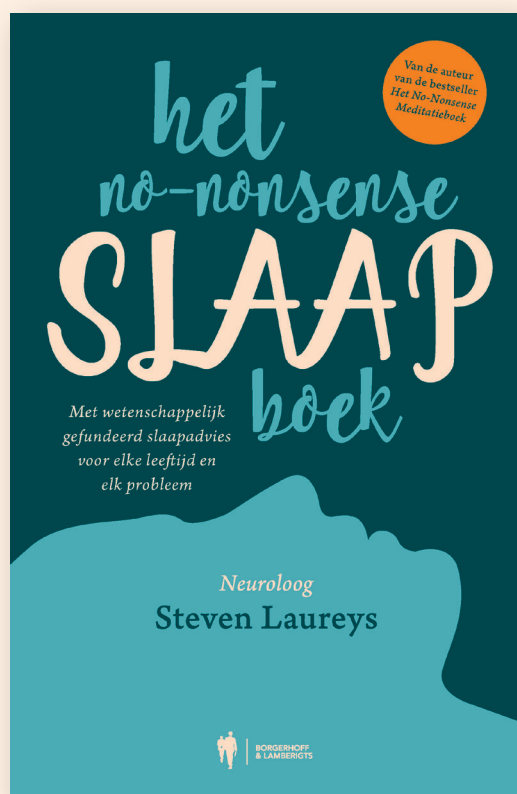
Over 60.000 copies sold; #1 bestseller  
in the Netherlands for 6 weeks

It comes as no secret that we live in a fast-paced, overstimulating world. Our attention is constantly being pulled in numerous directions. Millions of people all over the world suffer from a burnout – with many others experiencing high levels of overstimulation and exhaustion. In this book, brain balance expert Charlotte Labee shares the relevant scientific and experiential knowledge on this pressing topic. How does our brain deal with all the possibilities in modern society? Think of the overuse of mobile phones and social media, increasing feelings of stress, anxiety and restlessness, addictive behaviour and unhealthy eating habits. Featuring a 10-week plan focusing on nutrition, exercise, relaxation and connectedness, this book helps you recognise symptoms and work your way to a calmer brain.



ENGLISH SAMPLE TRANSLATION  
KOSMOS, 272 PAGES, JUNE 2022  
CONTACT JULIA FOLDENYI,  
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CHARLOTTE LABEE is an entrepreneur, hands-on expert and founder of the successful website [yourbrainbalance.com](http://yourbrainbalance.com). With her Brain Balance brand, Charlotte helps hundreds of thousands of people via various channels, including (mental health) coaching, lifestyle and nutrition advice, training and education, an online supplement store, books, podcasts and (meditation) music, theatre tours, the Brain Balance Foundation, teaching packs for schools, and lectures and workshops for companies.



ENGLISH SAMPLE TRANSLATION  
 BORGERHOFF & LAMBERIGTS,  
 208 PAGES, APRIL 2022  
 CONTACT: JULIA FOLDENYI,  
 JULIA@SHAREDSTORIES.NL

DR. STEVEN LAUREYS

## *The No-Nonsense Sleep Book*

*Science-Based Sleep Advice for Every Age and Every Problem*

Sleep is possibly the most exciting phase our brain can find itself in. But why do we sleep? And perhaps even more importantly, why are we sometimes *unable* to sleep?

World-renowned professor of neurology Steven Laureys delves into the sleeping brain and explains why a good night's sleep is so important, as well as what you can do to achieve better, deeper sleep. For thousands of years, people have speculated on the phenomenon of sleep, but thanks to state-of-the-art scanning techniques we can now observe the brain even during sleep. These insights teach us a great deal about the different types of sleep and sleep problems.

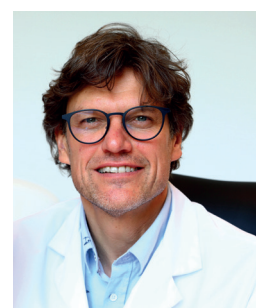
### *Praise for **The No-Nonsense Meditation Book***

**'It has been a great joy to become Steven's friend and collaborate with him on cutting-edge scientific studies that looked into the interface between meditation and the workings of the mind.'**

– Matthieu Ricard

**'Readers in search of an introduction to mindfulness that's free of woo-woo promises should look no further.'** – Publishers Weekly

Neurologist STEVEN LAUREYS has been conducting ground-breaking research into human consciousness for more than 20 years. He is currently studying the effects of meditation on the brain.



VANESSA VAN CARTIER

## *Stay True to Who You Are*

*The Extraordinary Life Story  
of Vanessa van Cartier*

Winner of popular TV series *Drag Race Holland* 2021

Praised by international artists

Vanessa van Cartier, winner of *Drag Race Holland* 2021, a role model for anyone learning to be themselves. Hundreds of thousands of viewers watched her journey of the internationally popular show. Vanessa is now a world-class drag artist, but her road to the top was long and painful. With her moving story, she wants to offer hope to others in a similar position. Never stop believing in who you are and what you bring to the world. This book includes a wealth of information about bullying and sexual orientation, HIV and AIDS, gender expression and drag, and depression that unfortunately accompanies self-discovery.

**‘Vanessa’s story and heart and words will move you and teach you what true kindness and courage looks like. I’m so happy to have Vanessa in my life and with this book you can as well’ – Sam Smith, singer and songwriter**



FULL ENGLISH TRANSLATION  
KOSMOS, 264 PAGES, MAY 2022  
CONTACT: JULIA FOLDENYI,  
JULIA@SHAREDSTORIES.NL

VANESSA VAN CARTIER has earned her spurs in the drag scene both nationally and internationally. After an amazing run, Vanessa won *Drag Race Holland* season 2 where she was crowned best Dutch drag superstar. In 2019 she was crowned Miss Europe Continental in Lyon, after which she won Miss Continental in Chicago, as the first European transgender. Vanessa is part of a large network of celebrity drag queens.









CLAUDIA CROBATIA

## *Death: A Fact of Life*

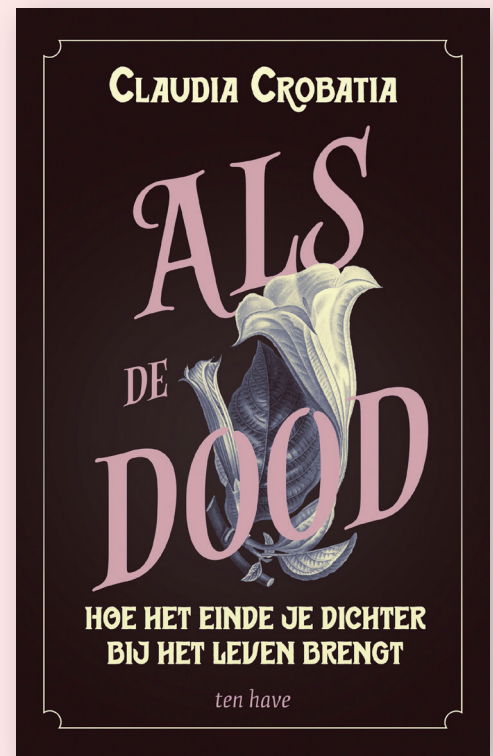
*How the End Brings You Closer to Life*

We prefer not to think about the fact that we will die one day. The general attitude of our modern society is one of ignoring death as much as possible. But sooner or later we will all have to face it...

In a witty and revealing manner, Claudia Crobatia analyses why death is such a taboo in our culture and how other cultures deal with it in a healthier way. Ultimately, awareness of our own mortality leads to a life filled with more happiness and meaning.

**‘Claudia provides us tools to get more comfortable with the idea of death and reduce some of this death anxiety– along with helping us integrate the new perspectives we gain during the course and turning them into practical actions.’**

– Unquiet Things, on A Course in Dying



ENGLISH SAMPLE TRANSLATION

TEN HAVE, 280 PAGES, SEPTEMBER 2022

CONTACT: JULIA FOLDENYI,

JULIA@SHAREDSTORIES.NL

CLAUDIA is a death awareness expert and founder of A Course in Dying, a platform on death awareness. By way of her content she helps people confront mortality. She also creates cemetery reviews for cemeteries all around the world, and helps people explore their own relationship with mortality. Claudia started her creative career as a photographer and writer. In 2011 she began working as a video director and started *SINCE productions*, a company under which she did music videos for artists like Lamb and Bonnie ‘Prince’ Billy.



ENGLISH SAMPLE TRANSLATION

RIGHTS SOLD TO DROEMER KNAUR (GERMANY)

KOSMOS, 128 PAGES, OCTOBER 2021

CONTACT JULIA FOLDENYI,

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MARTIJN DERIKX

## *The Couples Battle Book*

9.000 copies sold

The battle book for couples has 99 challenges in store for you and your sweetheart. The rules are simple: use all your talents to beat the other! Play the best battles together and get to know each other even better. The best book for Valentine's Day, birthday, marriage, Christmas or just because!

**Who writes the most romantic love letter?**

**Who will perform the most beautiful serenade?**

**Who organizes the most unforgettable surprise party?**

**Who will give the most charming compliment?**

**Who designs the most creative love tattoo?**

**And who makes the other person laugh the hardest?**

**You'll find everything you need, so you can start right away. Motivate your choices, collect the most points and win! ... and get to know your loved one even better at the same time. That way you both win!**

MARTIJN DERIKX works as marketing manager in publishing. He has also written a book with 99 battles to engage in with friends, titled, 'The Friendship Battle Book'.

## SASCHA BLASE-VAN WAGTENDONK

# *Crochet Hats & Mittens*

Over 70.000 copies sold of previous books

Sascha Blase-Van Wagtendonk's latest book is full of unique crochet patterns for wonderfully warm hats and mittens in all sizes, from teeny-tiny to XL! They are crocheted with embossed stitches, making them thick and soft. Sascha's crochet patterns are renowned for their gorgeous colour combinations and extremely clear instructions and symbol charts. The beautiful photos give the book an eye-catching finishing touch. These winter accessories are great fun and addictive to make!



**RIGHTS TO PREVIOUS BOOKS SOLD TO:**

STACKPOLE BOOKS (WORLD ENGLISH), STIEBNER VERLAG, FRECHVERLAG, DORLING KINDERSLEY VERLAG (GERMANY), LES ÉDITIONS DE SAXE (FRANCE)

KOSMOS, 128 PAGES, AUGUST 2022

CONTACT: JULIA FOLDENYI,  
JULIA@SHAREDSTORIES.NL



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